

CT Scan Preparation Sheet

General Information:

A CT scan may require the use of contrast agents like lodine or Barium. If you are allergic to any of these agents, please let the Technologist know immediately.

Note:

If you are wearing or scheduled to wear a "Glucose Monitoring Device" or "Neulasta On-Body Injector" please contact the scheduling department immediately.

Prior to your scan:

- DO NOT EAT or DRINK anything **except water** 4 hours prior to your scan.
- Take all of your prescribed medication as normal.
- Wear comfortable, warm clothing with no metal. No zippers, snaps or metal buttons.
- Remove all jewelry. No earrings, necklaces, watches, rings or piercings.
- The entire process will take approximately 30 minutes.
- If oral contrast was ordered, the scheduling coordinator will explain the times to drink your Barium but use the chart below as a reminder.

Chest, Brain or Head & Neck	No Barium Needed
Abdomen Only	Drink 1 bottle 1 hour prior to appointment
Pelvis only	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment
Abdomen and Pelvis	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment
Chest, Abdomen and Pelvis	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment
If unable to drink 2 bottles; Only drink 1 bottle	Drink half of 1 bottle 1 hour prior to appointment Drink remaining bottle immediately prior to appointment

We will call you to confirm your appointment, review your prep instructions, and answer any questions you may have.