



Radiology Department

CT Scan Preparation Sheet

August 2019 Rev 02

General Information:

Computerized tomography (CT scan) combines a series of X-ray views taken from many different angles and computer processing technology to create cross-sectional images of bones and soft tissues inside your body. A CT scan may require the use of contrast agents like Iodine or Barium. If you are allergic to any of these agents, please let the Technologist know immediately.

Note:

If you are wearing or scheduled to wear a **“Glucose Monitoring Device”** or **“Neulasta On-Body Injector”** please contact the scheduling department immediately.

Prior to your scan:”

- DO NOT EAT or DRINK anything 4 hours prior to your scan.
- Take all of your prescribed medication as normal.
- Wear comfortable, warm clothing with no metal. No zippers, snaps or metal buttons.
- A sports bra is recommended for the ladies. No underwire bra if possible.
- Remove all jewelry. No earrings, necklaces, watches, rings or piercings.
- The entire process will take approximately 30 minutes.
- If ORAL contrast was ordered, the scheduling coordinator will explain the times to drink your Barium but use the chart below as a reminder.

Chest, Brain or Head & Neck	No Barium Needed
Abdomen Only	Drink 1 bottle 1 hour prior to appointment
Pelvis only	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment
Abdomen and Pelvis	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment
Chest, Abdomen and Pelvis	Drink 1st bottle 2 hours prior to appointment Drink 2nd bottle 1 hour prior to appointment

- **The PET/CT Coordinator: _____ will call you to confirm your appointment, review your prep instructions and answer any questions you may have.**